

Protecting your smile — and your privacy

Keeping your personal information secure is vitally important to Dental Health Services. We value our relationship with you and continually strive to earn and maintain your trust. Enclosed is your *Confidentiality of Information and Privacy Notice*. Although this information may not have changed in years, we feel that it's important enough to send to you again.

We respect the confidentiality of your Protected Health Information (PHI) and will never sell or disclose it to nonaffiliated third parties. Our strict policies mandate that our employee-owners only access your information for the purpose of providing your dental benefits, and every staff member has been thoroughly trained in the procedures designed to protect

your privacy. If you ever have any questions or concerns about your privacy and Dental Health Services, please do not hesitate to contact your Member Service Specialist by phone at 800.63.SMILE or online through www.smartsmile.com!

How can we help you today?

Your Member Service Specialist is always close at hand, ready to answer your questions and help you get the most out of your dental plan. Let us get you the answers and information you need.

- **By phone** - 800.63.SMILE
- **By fax** - 562.424.0150
- **By mail** - 3833 Atlantic Avenue, Long Beach, CA 90807
- **Online** - www.smartsmile.com

Your Overall Health and Wellness!

REGULAR Health Examinations

Please work with your dentist to schedule regular examinations to maintain your preventative care. Oral cavities, tooth loss, gum disease, and even oral cancers are just a few of the risk factors that may be prevented if you go to your dentist for regular health appointments.

The state of your mouth can often provide information about your overall health. Dentists can be instrumental in helping to diagnose many conditions and diseases that have oral effects. According to the Academy of General Dentistry, “more than 90 percent of all

systemic diseases produce oral signs and symptoms.” Your dentist can make sure you receive specialized oral and dental care if you have an existing chronic condition that requires it.

In addition to the care provided to you by our Quality Assured dentists, Dental Health Services offers each of our members’ educational tools to keep you updated on the ways oral care affects your overall health. Let Dental Health Services help YOU understand the significance of oral health—and its *mouth-body* connection...

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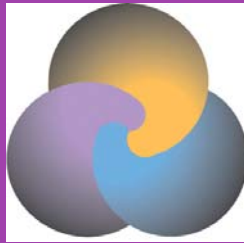
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IT'S YOUR MOUTH!

Get the most out of your dental coverage and care



**Make a convenient
appointment**



**Let the office know you
are a member**



Know your coverage



**Take your Evidence of
Coverage brochure**



**Establish a relationship
with your dentist**



Ask questions



**Read and understand
anything you sign**

We can help—call us!



**800.637.6453
Ask for help**



**Complete your
treatment plan**



A Great Reason to SmileSM

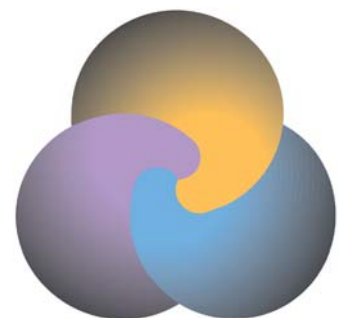
**IMPORTANT DENTAL PLAN
INFORMATION ENCLOSED**

Dental Health Services
3833 Atlantic Avenue
Long Beach, CA 90807

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PERMIT

Did you know?

Dental Health Services has been providing high quality benefits to satisfied members in California for more than 34 years.



D e n t a l
H e a l t h
S e r v i c e s